

Treningstider 20/21**NODELANDSHALLEN**

| | Mandag | Tirsdag | Onsdag | Torsdag | Fredag |
|---------------|---------|---------|--------|---------|-----------|
| 15:00 - 15:30 | | | | | |
| 15:30 - 16:00 | | | | | |
| 16:00 - 16:30 | J9 | J8/G8? | J11 | J12 | J12 |
| 16:30 - 17:00 | J9 | J8/G8? | J11 | J12 | J12 |
| 17:00 - 17:30 | J11/J9 | J10 | J11 | J12 | J13 |
| 17:30 - 18:00 | J11 | J10/J13 | J13 | J16 | J13/G14 |
| 18:00 - 18:30 | G12 | J13/G16 | J13 | J16 | G14 |
| 18:30 - 19:00 | G14/G12 | J13/G16 | G12 | TH | G14 |
| 19:00 - 19:30 | G14 | J12 | G12 | TH | Utvikling |
| 19:30 - 20:00 | J16 | J12 | G14 | DAME | Utvikling |
| 20:00 - 20:30 | J16 | J16 | G14 | DAME | Utvikling |
| 20:30 - 21:00 | DAME | J16 | HERRE | G16 | |
| 21:00 - 21:30 | DAME | J16 | HERRE | G16 | |
| 21:30 - 22:00 | DAME | | HERRE | G16 | |
| 22:00 - 22:30 | | | | | |

TUNBALLEN SKOLE

| | Mandag | Tirsdag | Onsdag | Torsdag | Fredag |
|---------------|--------|---------|--------|---------|--------|
| 16:30 - 17:30 | | | | | |
| 17:30 - 18:30 | | | | | |

ROSSELAND SKOLE

| | Mandag | Tirsdag | Onsdag | Torsdag | Fredag |
|---------|--------|---------|--------|---------|--------|
| 17 - 18 | | | | | |
| 18 - 19 | | | | | |